

Carefirst Medical Centre Triathlon & Duathlon

Inglewood Sunday, November 28

Rank			Time	Overall Finish Order
Short Triathlon				
Junior Male				
1	Amin	Osama	0:30:33	1
2	Liam	Paterson	0:33:39	2
3	Jonathan	Carey	0:49:54	18
Senior Male				
1	Reuben	Uncles	0:40:16	7
2	Oliver	McDonald	0:42:51	12
Veteran Male				
1	Pat	Leary	0:39:33	6
2	Brent	Cockerill	0:40:55	8
3	Dave	Debreceeny	0:42:16	11
4	Tony	Fry	0:44:34	13
Junior Female				
1	Emma	Daniels	0:37:26	3
Senior Female				
1	Lisa	Yates	0:37:41	4
2	Karley	Meads	0:41:20	9
3	Jackie	Crawford	0:41:54	10
4	Darleena	Christie	0:45:16	14
5	Anna	Crawford	0:45:19	15
6	Sheena	Bourne	0:47:00	16
7	Lucy	Carey	0:49:54	17
8	Henriette	Roodt	0:52:24	19
9	Ngare	Woodford	0:52:38	20
10	Andrea	Randall	0:53:35	22
Veteran Female				
1	Des	Paulsen	0:52:53	21
Team				
1	Team Torpedo		0:39:21	5
Long Triathlon				
Junior Male				
1	Nicholas	Tipler	1:12:07	10
Senior Male				
1	Clark	Ellice	0:54:41	1
2	Jeff	McGrath	0:57:02	3
3	Daniel	Hine	0:57:44	4
4	Jarrold	Newell	1:00:16	5
5	Aaron	Wood	1:02:44	6
6	Matthew	Carey	1:17:25	15

Veteran Male

1	Darrin	Grey	0:56:59	2
2	Brian	Aitchison	1:07:18	7
3	James	McKillop	1:08:00	8
4	Geoff	Allen	1:16:42	14
5	Mike	Tapp	1:17:34	17
6	John	Lykles	1:41:16	25

Junior Female

1	Jessica	Leary	1:14:46	13
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Senior Female

1	Kirsten	Kowalewski	1:13:19	12
2	Melanie	Hansen	1:17:27	16
3	Candice	Kowalewski	1:25:15	22

Veteran Female

1	Sandra	Sharp	1:13:07	11
2	Claire	Rinckes	1:17:37	18
3	Joy	Baker	1:20:43	19
4	Dianne	Kowalewski	1:23:27	20
5	Donna	Milner	1:24:17	21
6	Nikki	Tapp	1:28:07	23
7	Katie	Black	1:30:20	24

Team

1	Stelou		1:08:08	9
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Short Duathlon**Junior Male**

1	Rhys	Chilcott	0:41:26	1
2	Cameron	Hucker	0:42:23	2
3	Liam	Parkes	0:45:09	4

Veteran Male

1	Greg	Chilcott	0:42:45	3
2	John	Parkes	0:47:24	8
3	Steve	Rubick	0:52:33	12
4	Peter	Burgess	0:53:49	13

Senior Female

1	Heidi	Smith	0:46:37	5
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Veteran Female

1	Rachel	Vaughan	0:46:37	6
2	Kim	Parkes	0:47:16	7
3	Nicole	Mancer	0:48:28	9
4	Jay	Paterson	0:49:06	10
5	Colleen	Williams	0:49:24	11

Long Duathlon**Senior Male**

1	Paul	Randall	1:02:00	1
2	Stuart	Frew	1:03:46	2
3	Tony	Williams	1:06:06	3
4	Will	Green	1:07:32	5
5	Rowan	Betts	1:10:30	10

Veteran Male

1	Michael	Kaye	1:06:43	4
2	Nico	Jacobs	1:07:35	6
3	Kevin	Mancer	1:07:53	7
4	Peter	Adamski	1:09:34	8
5	Terry	Van Dillen	1:10:16	9
6	Chris	Barnard	1:13:37	13
7	Ross	Bowling	1:14:01	14
8	Bruce	Loving	1:16:29	15
9	Kevin	Mace	1:23:37	19

Senior Female

1	Tara	Allerton	1:11:08	11
2	Rachel	Utiger-Smith	1:11:50	12
3	Charlotte	Salathiel	1:17:58	16

Veteran Female

1	Charlene	Jacobs	1:18:20	17
2	Ra	Rubick	1:22:56	18