

Carefirst Medical Centre Duathlons and Triathlons

Inglewood
Sunday 30 November 2008

Short Triathlon	Time	Overall Finish Order
Junior Male		
Evan Jane	35.31	3
Yannick Grundy	39.01	9
Tate Allen	40.46	12
Josh Gibbon	47.48	27
Senior Male		
Dennis Gibbon	34.29	2
Ryan Tooley	36.13	4
Veteran Male		
James McKillop	32.51	1
Alan Taylor	37.5	6
Rodney Black	40	11
Geoff Allen	40.47	13
Todd Lindsay	41.02	14
Mike Southall	43.43	18
John Lykles	48.23	30
Andy Dower	48.24	31
Junior Female		
Ashley Ireland	37.47	5
Gemma Ireland	37.51	7
Open Female		
Melissa Walden	39.04	10
Johanna Kidby	41.25	15
Anna Collins	42.04	16
Hayley Sparrow	43.57	19
Christine Copestake	44.05	20
Tania Atkinson	44.55	27
Feona Burkett	44.59	23
Nicola Watson	45.03	24
Jackie Crawford	48.19	29
Bridget O'Dempsey	48.49	32
Wendy Mulligan	49.15	33
Steffi Beckett	50.41	35
Carol Wills	52.42	37
Rachel Hanser	54.11	38
Lyndall Bennett	56.25	40
Linda Hinton	1.10.33	41
Veteran Female		
Lee McCracken	38.05	8
Bridget Lindsay	43.14	17
Helen Mc Donald	44.22	21
Jay Paterson	45.4	25
Fay Chadwick	47.09	26

Pauline Spragg	48	28
Joss Bines	49.3	34
Janie Sutherland	50.55	36
Kathleen Adamski	54.21	39

Team

RRT	39.41	
Young 'n Old	40.45	

Long Triathlon

Junior Male

Chaz Hall	1.03.25	4
Hayden Brooks	1.06.17	7
Billy Rodenburg	1.10.40	13
Liam Paterson	1.15.30	18

Open Male

Aaron Wood	1.00.08	1
Nathan Zieltjes	1.02.01	2
Bryan Reid	1.02.39	3
Tony Williams	1.08.25	11
Peter Crawford	1.09.44	12
Simon Mulligan	1.11.25	15
John Murphy	1.12.11	16

Veteran Male

Brian Aitchison	1.04.54	5
Shorty Clark	1.05.10	6
Graham Alexander	1.07.19	8
Darrin Gray	1.07.24	9
Stuart Skene	1.07.57	10
David Barker	1.17.24	20
Steve Dickson	1.24.54	24
Murray Vosper	1.26.09	26

Junior Female

Emma Wilson	1.21.46	22
Wendy Prinstoo	1.26.55	27

Open Female

Tui Bray	1.11.24	14
Aleisha Gilmer	1.12.34	17

Veteran Females

Joy Baker	1.17.23	19
Clare Rinckes	1.18.48	21
Ra Rubick	1.24.13	23
Donna Milner	1.25.03	25
Linda Feltoe	1.30.57	28

Team

Torckler Team	58.41	
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Short Duathlon

Veteran Males		
Tony Fay	47.36	5
Peter Scantlebury	53.05	6
Open Males		
Dave Waite	42.33	1
Open Female		
Linda Welch	46.25	3
Mel Loving	47.35	4
Tara Waite	53.27	7
Karen Barkla	1.00.14	8
Veteran Female		
Victoria Demby	46.05	2
Long Duathlon		
Open Male		
Stuart Frew	1.03.12	3
Anton Winstanley	1.03.58	4
Paul Randall	1.04.26	5
David Rielly	1.14.59	15
Veteran Male		
Russell Mancer	1.00.31	1
Barry Marnoch	1.01.43	2
Grant Hildred	1.07.49	7
Kevin Mancer	1.08.38	8
Peter Adamski	1.10.23	9
Ross Bowling	1.10.47	10
Bruce Loving	1.14.42	14
Craig Scott	1.18.27	16
Stephen Hall	1.20.41	18
Peter Burgess	1.25.13	21
Murray Mace	1.26.09	22
Open Female		
Margy Weston	1.07.16	6
Racheal Utiger-Smith	1.11.26	12
Sandra Sharp	1.14.28	13
Brenda Smith	1.10.48	11
Julie Vanner	1.23.35	20
Veteran Female		
Colleen Froude	1.19.10	16